

OUTING RECOMMENDATIONS

- Always be sure to let a family member or close friend know where you are going and for how long. This way, if you are not back in a reasonable time, they can alert the authorities.
- Bring drinking water, at least a gallon per day per person in the winter, and 3 gallons in the warmer months. In the drier climate of Arizona, dehydration is a very serious and dangerous condition, which can happen very quickly. In the event this happens, move the person to a shady area, give them water, try to cool them off, and if necessary seek medical help immediately.
- Carry extra food and snacks with you in case you are stranded for more than your planned time out in the field.
- Even in the warmer months, when shorts feel great, it is still advisable to wear long pants while out in the desert areas, due to the presence of snakes, cactus and other harmful desert creatures.
- In wintertime, carry a warm jacket and extra hat. Ninety five percent of body heat is lost through the top of your head. It gets down into the 30's at night, so a space blanket or jacket can help save your life.
- A good first aid kit, a flashlight and whistle are some good aids to keep on hand.
- If possible carry a GPS or good compass with you to assist in navigating around the claims areas, and a CB radio and cell phone are also good to take along.
- If you own mining equipment, feel free to bring it along if it fits into the type of outing planned. If you join a Club group activity, then you will be entitled to a share of the gold at the end of the day's work.
- Always sign in and out at a Club outing. The Club now has a canopy which will be set up at outings, so this will be the central point for members and visitors to check in/out.
- Always pick up your trash, and if you really want to help out the Club's image, pick up any thing else you see lying around. We do need to protect our desert environment, and it makes us look better. This will prevent complaints from BLM, and/or National Forest Service.
- If you have a dog and wish to take it with you, please keep it on a leash. This will protect your pet, and ensure that no one is bitten by accident.
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HAVE FUN

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